



Department
of Health

Maternal Mental Health Roundtable (England) Commitments 2017/18

The following updated pledges of support from key national perinatal mental health stakeholders (England) were made at the Maternal Mental Health Ministerial Roundtable jointly hosted by the Maternal Mental Health Alliance (MMHA) Everyone's Business campaign and the Department of Health in Autumn 2017.

The campaign would like to thank each of these stakeholders for their continued support and to invite all stakeholders wishing to make formal pledges of commitment to please contact the Campaign.

The MMHA Everyone's Business Campaign looks forward to seeing these collective efforts bring further progress for women and families in 2018.

The campaign is actively exploring holding similar Roundtables in Northern Ireland, Wales and Scotland.

Organisation	Commitment
 <p>Department of Health</p>	<ul style="list-style-type: none"> • To continue, where appropriate to work with health system partners and other government departments to help deliver improvements in perinatal mental health services. • To liaise with the appropriate persons to seek agreement to host the next annual roundtable in 2018/19.
 <p>Public Health England</p>	<ul style="list-style-type: none"> • To publish a maternity prevention pathway which includes a focus on Perinatal Mental Health (PMH) (Public Health England's (PHE) prevention pathway includes a range of topics which increase protective factors and reduce risk to mothers and babies). • To focus on preconception health and ways to promote resilience, reduce isolation and protect the parent-child bond involving prevention, early intervention and recovery across the life-course, both up to the first pregnancy as well as for second and subsequent pregnancies. • To include a focus on perinatal mental health as part of the PHE led national Prevention Concordat for Better Mental Health and the Local Authority Elected Member Mental Health Champions initiative.
 <p>Perinatal</p>	<ul style="list-style-type: none"> • To deliver the expansion in specialist perinatal mental health services by 2021 to meet the needs of women in all areas. • To see specialist perinatal mental health services provide training across the pathway. • To continue sharing learning from Wave 1 and 2 with new and existing services.
 <p>Maternity, Children and Young People</p>	<ul style="list-style-type: none"> • To ensure that perinatal mental health is fully represented throughout the work of the Postnatal Care Expert Working Group, reporting to work stream 1 of Better Births. This includes supporting continuity of care through the 3 phases which are being addressed – immediate post delivery, post hospital discharge into midwife care, and then hand over of mother, baby and family to health visitor care.
 <p>Perinatal, Children and Young People</p>	<ul style="list-style-type: none"> • To enable at least 9,000 more women to access specialist perinatal mental health care and treatment in 2018/19. • To provide an additional £23m investment to establish and expand community services in 2018/19. • To further increase Mother and Baby unit bed capacity by end of 2018/19, to give a 49% increase since start of programme (to address gaps identified by the National Institute for Health and Care Excellence (NICE)).

Organisation	Commitment
	<ul style="list-style-type: none"> • We have integrated maternity and mental health data so they can be cross-referenced. • To commit to sharing the new figures with the relevant people and learning how to use this data further. • To publish these reports quarterly. • To commit to finding out what other figures would be useful to collect on PMH. • To commit to breaking the figures down by Clinical Commissioning Groups (CCGs) and Sustainability and Transformation Partnerships (STPs). • To look at doing rates per 100,000 for areas. • To commit to creating additional linkage between the Maternity Dataset and the Improving Access to Psychological Therapies (IAPT) Dataset.
	<ul style="list-style-type: none"> • To support roll out of GP PMH champions across England. • To digitise skills and competency framework; encourage its use by training providers, individual clinicians, service providers, and commissioners, and use data to create a widely available mapping of skills and knowledge in the workforce, both by geographical area and by training requirements. • To continue to support PMH training through regional perinatal networks.
 <p>Conception to age 2</p>	<ul style="list-style-type: none"> • To encourage MPs to put pressure on local commissioners to prioritise perinatal mental health and for them to visit perinatal mental health community services on the ground. • To encourage knowledge dissemination. • To scrutinise the mental health Green Paper because it is woefully lacking in its inclusion of attachment and perinatal mental health. • To lobby to make sure that the need for a focus on attachment between mums and children is included in the Mental Health Bill and the White Paper and is therefore in legislation.
	<ul style="list-style-type: none"> • To update the PMH Toolkit to include new and relevant resources. • To continue to represent the Royal College of General Practitioners (RCGP) within the MMHA. • To publish the Evaluation Report of RCGP PMH Clinical Priority Programme led by Dr Judy Shakespeare, which ran from April 2014 to March 2017 expected December 2017. • To complete the Spotlight Project and evaluation of impact report and publish them April 2018 <ul style="list-style-type: none"> – KPI 1 – to teach at least one member of at least 50% of the GP practices in Wessex region (total 294) – KPI 2 – to have potential impact on at least 50% of the population in Wessex region (total 2.8million)

Organisation	Commitment
	<ul style="list-style-type: none"> • To develop and publish – this year – an i-module on Pregnancy Vulnerability & Perinatal Mental Health. The module will be accredited as suitable for Nursing and Midwifery Council Revalidation. • To publish a joint position paper with the Royal College of Obstetricians and Gynaecologists (RCOG) and the British Medical Association (BMA) on Perinatal Mental Health. • To work with partners to lobby and ensure that the Ministerial Mandate for a Specialist PMH Midwife in every maternity service is acted upon to improve the quality of care. • To refresh /update & publish Maternal Emotional Well-being & Infant Development; a good practice guide for midwives (to include maternity support workers (MSWs) and community support workers). • To support strong leadership around systems development so that midwives are able to influence service provision and delivery in the right way. The Royal College of Midwives (RCM) is putting on Leadership Workshops around the country to facilitate this.
	<ul style="list-style-type: none"> • To collaborate with the Royal College of Psychiatrists (RCPsych) and RCM on multidisciplinary training and education of obstetricians and midwives. • To raise awareness of perinatal mental health amongst our members. • To use representation on Maternity Transformation Programme to ensure Better Births recommendations on maternal mental health are implemented. • To support dissemination of results of workforce mapping exercise and development of an action plan based on the report. • To collaborate with others on an anti-stigma campaign.
	<ul style="list-style-type: none"> • To support the development of updated MMHA maps. • To support the development of an anti stigma/awareness raising campaign with MMHA, other Colleges, service users, Third Sector groups and others. • To support new services (Mother and Baby Units and specialist community teams) in evidencing outcome of effectiveness and rolling this out across the country – The Royal College of Psychiatrists have developed an outcomes framework. • To provide education /training of psychiatrists and other multi/ interdisciplinary colleagues.
	<ul style="list-style-type: none"> • To improve access and delivery of training in high quality NICE concordant therapies. • To inform psychological competencies. • To complete work on core psychological competencies and work with Health Education England (HEE) to pursue the review and addition of them into the current multidisciplinary competencies as soon as possible. • To hold another 2-day Perinatal Mental Health psychologist training course and work towards developing intermediate and advanced level courses for clinical psychologists in specialist perinatal teams and inpatient settings. • To work with other agencies to advise on appropriate staffing levels for clinical psychologists in specialist settings as the current staffing levels are too low.

	<ul style="list-style-type: none"> • To develop a resource for health professionals in our organisation, including psychiatric nurses, on perinatal mental health. • To run an event on PMH and infant health focusing on the antenatal period with a focus on BME communities and also launch a publication or presentation following the event. • To share our audit around health visitors and PMH widely.
	<ul style="list-style-type: none"> • Forums for the Perinatal Mental Health and Infant Mental Health (PIMH) Champions to stay updated and energised during this period (as per their set up), and to continue to develop the evidence base for PIMH. We also commit to set up another 6 forums, taking the number to 12. • To pilot our first multi-agency PIMH Forum in the Yorkshire and Humber. • To publish a survey of health visitor (HV) training in NICE-concordant infant interventions and producing a report next year. • To work with other stakeholders to develop a campaign strategy to support the HV role in PIMH.
 ROYALFOUNDATION.COM	<ul style="list-style-type: none"> • To explore where we can add value in maternal mental health. • To look very seriously at how we might support an anti stigma campaign.
	<ul style="list-style-type: none"> • To continue to advocate for a whole system approach to mental health, including perinatal mental health. • To continue to support Directors of Public Health to improve mental health locally through Sector Led Improvement. • To continue to support the Prevention Concordat for Mental Health to support better mental wellbeing in the perinatal period.
	<ul style="list-style-type: none"> • To having a discussion with MMHA about how PMH can be included in our guidance for inspectors.
 Championing Children and Young People in England	<ul style="list-style-type: none"> • As part of the Children's Commissioner work on childhood vulnerability, to assess the number of babies (0-1 year) living in families with parental vulnerabilities including maternal mental ill health.
	<ul style="list-style-type: none"> • To welcome further discussions with the MMHA on joint working to focus on prevention of PMH problems.



With thanks to Action on Postpartum Psychosis (APP) who host the MMHA Everyone's Business Campaign