**Perinatal Mental Health Teams and contacts in England**

**LONDON:**

All women who live in Lambeth, Southwark, Lewisham and Croydon please send to our standard email address slm-tr.perinatalservicereferrals@nhs.net

- For f/u of referrals each team can be contacted on:
  - Lambeth Perinatal Mental Health Team
    - ☎ 020 7188 6001 Email: LambethPerinatal@slam.nhs.uk
  - Southwark Perinatal Mental Health Team
    - ☎ 020 3299 3234 Email: SouthwarkPerinatalMHS@slam.nhs.uk
  - Croydon Perinatal Mental Health Team
    - ☎ 020 3228 0304 Email: CommunityPerinatal@slam.nhs.uk
  - Lewisham Perinatal Mental Health Team
    - ☎ 0203 228 9358 Email: LewishamPT@slam.nhs.uk

**SW London Perinatal Mental Health Service**

Kingston, Merton, Richmond, Sutton and Wandsworth

- ☎ 020 8266 6984 Email: ssg-tr.perinatalswlstg@nhs.net

**NELEFT Perinatal Mental Health Service**

Barking and Dagenham, Havering, Redbridge and Waltham Forest
Goodmayes Hospital, Barley Lane, Ilford, Essex, IG3 8XJ

- ☎ 0300 555 1119 E-mail: PerinatalServiceReferrals@nhs.net

**Camden and Islington Perinatal Mental Health Service UCLH**

253 Euston Rd, Fitzrovia, NW1 2BU

- ☎ 02075614142 email: cim-tr.whittperinatal@nhs.net

**Ealing, Hounslow and Hammersmith & Fulham Perinatal Mental Health team**

Ealing - ☎ 020 8354 8180  Hounslow - ☎ 020 8483 1525  Hammersmith & Fulham team - ☎ 020 8383 3033

Email: wlm-tr.PNMHEHHF@nhs.net

Created by Laura Bridle Perinatal Mental Health Midwife GSTT 13/09/2018
Perinatal Mental Health CNWL
Brent, Harrow, Hillingdon, Kensington and Chelsea, and Westminster
☎ 020 8955 4495/6   Email: pmhs.cnwl@nhs.net
Hillingdon: ☎ 01895891059   Email cnw-tr.Hillingdonperinatal@nhs.net
Northwick Park Hospital (Brent and Harrow): ☎ 02088692308
Email Cnw-tr.BrentHarrowperinatal@nhs.net

Newham Perinatal Mental Health Services
Newham University Hospital, House 15, Glen Road, London, E13 8SL
☎ 0207 363 8801 (answerphone)/8258 (no answerphone)
Email: NewhamPerinatalReferrals@bartshealth.nhs.uk or elft.newhamperinatalreferrals@nhs.net

Kensington and Chelsea Perinatal Mental Health Service
☎ 020 3315 8646 Email: cnw-tr.kcwperinatal@nhs.net

Tower Hamlets Perinatal Mental Health Team
☎ 020 8121 5425 Email: Perinatal@elft.nhs.uk

North London Partners
North Middlesex University Hospital, Royal Free Hospital, Barnet Hospital, University College London Hospital and Whittington Hospital

Camden & Islington ☎ 020 3317 6333, Barnet ☎ 020 8702 4040
Enfield ☎ 020 8702 3800 Haringey ☎ 020 8702 6700
Email: cim-tr.ncl.perinatal@nhs.net

Greenwich East Perinatal Mental Health Team
☎ 02083195500   Email: oxl-tr.referralsgreenwicheast@nhs.net

Greenwich West Perinatal Mental Health Team
Email: oxl-tr.referralsgreenwichwest@nhs.net
Hackney Perinatal Team: HOMERTON hospital
☎ 0208510 8151 Email elft.chperinatal@nhs.net

Imperial college Perinatal Mental Health Team
Queen Charlotte ☎ 020 3313 3033 St Marys Hospital ☎ 020 3312 1582
Email wlm-tr.PNMHEHHF@nhs.net

SOUTH EAST England:

Bromley Perinatal Mental Health Service
Orpington, Kent  BR6 0JB
☎ 0208 836 8693  Email: Oxl-tr.BromleyPerinatalService@nhs.net

Brighton and Hove Perinatal Mental Health Service
East Brighton CMHT Elm Grove, Brighton BN1 3RJ
☎ 0300 304 0097  Email: Spnt.perinatalmhclinics@nhs.net

North West Sussex & East Surrey Perinatal Mental Health Service
New Park House, North Street, Horsham, West Sussex, RH12 1RJ
☎ 0300 304 0213  Email: spnt.perinatalreferrals@nhs.net

East Sussex Perinatal Mental Health Services
Woodside, The Drive, Hellingly, Hailsham, East Sussex, BN27 4ER
☎ 0300 304 0212  Email: spnt.perinatalreferrals@nhs.net

West Sussex Perinatal Mental Health Service
☎ 0300 304 0214  Email: spnt.perinatalreferrals@nhs.net
East Kent Perinatal Mental Health Services
Eastern & Coastal Area Offices, Littlebourne Road, Canterbury, Kent CT1 1AZ
Email: eastkentMIMHS@kmpt.nhs.uk ☏ 01227 768928

West Kent Perinatal Mental Health Services
West Kent MIMHS at 22 Oakapple Lane, Maidstone, ME16 9NW
Email: KAMNASCPT.mimhs@nhs.net ☏ 01622 722321

Suffolk Perinatal Mental Health Service:
Please use both email addresses and highlight perinatal referral
☎ 01284 719700 Email SuffolkPerinatalRef@nsft.nhs.uk and nmh-tr.SuffolkAccessAndAssessmentTeam@nhs.net

Essex Perinatal Mental Health Team:
Rochford ☏ 01702 538170 Chelmsford ☏ 01245 315637
Email: perinatalteam@nhs.net

Norfolk Perinatal Mental Health Team:
☎ 0300 790 0371 (clinician available to discuss referrals 1-5pm weekdays)
Email: will be given after calling number above

NORTH EAST England:

Sheffield Perinatal Mental Health Service
Michael Carlisle Centre, 75 Osborne Road
Sheffield S11 9BF ☏ 0114 2716069
Email perinatalmentalhealth@shsc.nhs.uk
Nottingham Perinatal Mental Health Services

Referrals or queries for the north of the county
Perinatal Psychiatric Community Service
Mill fields Centre, Millbrook Mental health unit
Mansfield Road, Sutton in Ashfield Notts
NG17 4JT
☎ 0115 956 0844

Referrals or queries for the city and south of the county
Perinatal Psychiatric Community Service
A Floor South Block, QMC, Nottingham
NG7 2UH
☎ 0115 970 9339

Leicestershire Perinatal Mental Health Team
Farm Lodge, C/O Bradgate Unit, Glenfield Hospital, LE3 9EJ
☎ 0116 225 6846

Northumberland, Tyne and Wear Perinatal Mental Health
Perinatal Community Mental Health Team
c/o Mother & Baby Unit/Beadnell Ward
St George’s Park, Morpeth NE61 2NU
☎ 01670 501 710

Hull and East Yorkshire Perinatal Mental Health Team
☎ 01482 301701 Email: hnf-tr.rapidrespondeservice@nhs.net

Leeds Perinatal Mental Health Team
☎ 0113 855 5505 Email: perinataldutydesk.lypst@nhs.net

SOUTH WEST England:

Oxford Perinatal Mental Health Service
☎ 01865 902171 Email: infant-parent.perinatalservice@oxfordhealth.nhs.uk
Avon and Wiltshire Perinatal Mental Health Team:
☎ 0117 9195826 Email: awp.perinatalmentalhealthservice@nhs.net

Cornwall Perinatal Mental Health Service

57 Pydar Street, Truro, TR1 2SS
☎ (01872) 221031 Email: cpn-tr.Perinatal@nhs.net

North & East (Caradon & N Cornwall ICMHTs) – cft.eastreferralteam@nhs.net
Mid Locality (Restormel & Carrick ICMHTs) – cft.midreferralteam@nhs.net
West Locality (Kerrier & Penwith ICMHTs) – cft.westreferralteam@nhs.net

Hertfordshire Perinatal Mental Health Services

Community Perinatal Team, 15 Forest Lane, Kingsley Green, Harper Lane, Radlett, Herts, WD7 9HQ
☎ 03001240939 Email: herts.cpt@nhs.net

Warwickshire Team Perinatal Mental Health Team
Warwick Hospital Psychology Department
Lakin Road, Warwick , CV34 5BW
☎ 01926 495321 x4417 Email: PMHT@swft.nhs.uk

West Devon Perinatal Mental Health Team
☎ 01822 813070 Email dpt.perinatalteamwestdevon@nhs.net.

Plymouth Perinatal Mental Health Team
☎ 01752431607 Email: livewell.perinatalmht@nhs.net

NORTH WEST England:

Coventry and Rugby Perinatal Mental Health Team
Willenhall Health Centre Remembrance Road, Coventry, CV3 3DG
☎ 024 7621 2176 Email: PMHT@covwarkpt.nhs.uk

Manchester Perinatal Mental Health Team
☎ 0161 291 6930 E-Mail: donna.jones4@nhs.net

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Worcestershire Perinatal Mental Health
Email: whcnhs.amhreferrals@nhs.net

Derbyshire Perinatal Mental Health Service
South Derby ☎ 01332 623911 North Derby ☎ 01246 515743
Email: dmh-tr.PerinatalNorth@nhs.net

Cheshire and Mersey Perinatal Mental Health Service
Email: SpecialistPNMHT@cwp.nhs.uk
Liverpool: ☎ 0151 702 4012 Cheshire and Wirral ☎ 0151 488 8434

Birmingham and Solihull Perinatal Mental Health Service
Email: bsmhft.spoa@nhs.net