

Perinatal Mental Health Teams and contacts in England

LONDON:

All women who live in Lambeth, Southwark, Lewisham and Croydon please send to our standard email address slm-tr.perinatalreferrals@nhs.net

- For f/u of referrals each team can be contacted on:

Lambeth Perinatal Mental Health Team

☎ 020 7188 6001 Email: LambethPerinatal@slam.nhs.uk

Southwark Perinatal Mental Health Team

☎ 020 3299 3234 Email: SouthwarkPerinatalMHS@slam.nhs.uk

Croydon Perinatal Mental Health Team

☎ 020 3228 0304 Email: CommunityPerinatal@slam.nhs.uk

Lewisham Perinatal Mental Health Team

☎ 0203 228 9358 Email: LewishamPT@slam.nhs.uk

SW London Perinatal Mental Health Service

Kingston, Merton, Richmond, Sutton and Wandsworth

☎ 020 8266 6984 Email: ssg-tr.perinatalswlstg@nhs.net

NELEFT Perinatal Mental Health Service

Barking and Dagenham, Havering, Redbridge and Waltham Forest

Goodmayes Hospital, Barley Lane, Ilford, Essex, IG3 8XJ

☎ 0300 555 1119 E-mail: PerinatalServiceReferrals@nhs.net

Camden and Islington Perinatal Mental Health Service UCLH

253 Euston Rd, Fitzrovia, NW1 2BU

☎ 02075614142 email: cim-tr.whittperinatal@nhs.net

Ealing, Hounslow and Hammersmith & Fulham Perinatal Mental Health team

Ealing - ☎ 020 8354 8180 Hounslow - ☎ 020 8483 1525

Hammersmith & Fulham team - ☎ 020 8383 3033

Email: wlm-tr.PNMHEHMF@nhs.net

Perinatal Mental Health CNWL

Brent, Harrow, Hillingdon, Kensington and Chelsea, and Westminster

☎ 020 8955 4495/6 **Email:** pmhs.cnwl@nhs.net

Hillingdon: ☎ 01895891059 **Email** cnw-tr.Hillingdonperinatal@nhs.net

Northwick Park Hospital (Brent and Harrow): ☎ 02088692308

Email Cnw-tr.BrentHarrowperinatal@nhs.net

Newham Perinatal Mental Health Services

Newham University Hospital, House 15, Glen Road, London, E13 8SL

☎ 0207 363 8801 (answerphone)/8258 (no answerphone)

Email: NewhamPerinatalReferrals@bartshealth.nhs.uk or
elft.newhamperinatalreferrals@nhs.net

Kensington and Chelsea Perinatal Mental Health Service

Kensington & Chelsea, Westminster, Hammersmith & Fulham.

☎ 020 3315 8646 **Email:** cnw-tr.kcwperinatal@nhs.net

Tower Hamlets Perinatal Mental Health Team

☎ 020 8121 5425 **Email:** Perinatal@elft.nhs.uk

North London Partners

North Middlesex University Hospital, Royal Free Hospital, Barnet Hospital, University College London Hospital and Whittington Hospital

Camden & Islington ☎ 020 3317 6333, **Barnet** ☎ 020 8702 4040

Enfield ☎ 020 8702 3800 **Haringey** ☎ 020 8702 6700

Email: cim-tr.ncl.perinatal@nhs.net

Greenwich East Perinatal Mental Health Team

☎ 02083195500 **Email:** oxl-tr.referralsgreenwichest@nhs.net

Greenwich West Perinatal Mental Health Team

Email: oxl-tr.referralsgreenwichwest@nhs.net

Hackney Perinatal Team: HOMERTON hospital

☎ 0208510 8151 Email elft.chperinatal@nhs.net

Imperial college Perinatal Mental Health Team

Queen Charlotte ☎ 020 3313 3033 St Marys Hospital ☎ 020 3312 1582

Email wlm-tr.PNMHEHFF@nhs.net

SOUTH EAST England:

Bromley Perinatal Mental Health Service

Orpington, Kent BR6 0JB

☎ 0208 836 8693 Email: Oxl-tr.BromleyPerinatalService@nhs.net

Brighton and Hove Perinatal Mental Health Service

East Brighton CMHT Elm Grove, Brighton BN1 3RJ

☎ 0300 304 0097 Email: Spnt.perinatalmhclinics@nhs.net

North West Sussex & East Surrey Perinatal Mental Health Service

New Park House, North Street, Horsham, West Sussex, RH12 1RJ

☎ 0300 304 0213 Email: spnt.perinatalreferrals@nhs.net

East Sussex Perinatal Mental Health Services

Woodside, The Drive, Hellingly, Hailsham, East Sussex, BN27 4ER

☎ 0300 304 0212 Email: spnt.perinatalreferrals@nhs.net

West Sussex Perinatal Mental Health Service

☎ 0300 304 0214 Email: spnt.perinatalreferrals@nhs.net

East Kent Perinatal Mental Health Services

Eastern & Coastal Area Offices, Littlebourne Road, Canterbury, Kent CT1 1AZ
Email: eastkentMIMHS@kmpt.nhs.uk ☎ 01227 768928

West Kent Perinatal Mental Health Services

West Kent MIMHS at 22 Oakapple Lane, Maidstone, ME16 9NW
Email: KAMNASCPT.mimhs@nhs.net ☎ 01622 722321

Suffolk Perinatal Mental Health Service:

Please use both email addresses and highlight perinatal referral

☎ 01284 719700 Email SuffolkPerinatalRef@nsft.nhs.uk and
nmh-tr.SuffolkAccessAndAssessmentTeam@nhs.net

Essex Perinatal Mental Health Team:

Rochford ☎ 01702 538170 Chelmsford ☎ 01245 315637
Email: perinatalteam@nhs.net

Norfolk Perinatal Mental Health Team:

☎ 0300 790 0371 (clinician available to discuss referrals 1-5pm weekdays)
Email: will be given after calling number above

NORTH EAST England:

Sheffield Perinatal Mental Health Service

Michael Carlisle Centre, 75 Osborne Road
Sheffield S11 9BF ☎ 0114 2716069
Email perinatalmentalhealth@shsc.nhs.uk

Nottingham Perinatal Mental Health Services

Referrals or queries for the north of the county

Perinatal Psychiatric Community Service
Mill fields Centre, Millbrook Mental health unit
Mansfield Road, Sutton in Ashfield Notts
NG17 4JT
☎ 0115 956 0844

Referrals or queries for the city and south of the county

Perinatal Psychiatric Community Service
A Floor South Block, QMC, Nottingham
NG7 2UH
☎ 0115 970 9339

Leicestershire Perinatal Mental Health Team

Farm Lodge, C/O Bradgate Unit, Glenfield Hospital, LE3 9EJ
☎ 0116 225 6846

Northumberland, Tyne and Wear Perinatal Mental Health

Perinatal Community Mental Health Team
c/o Mother & Baby Unit/Beadnell Ward
St George's Park, Morpeth NE61 2NU
☎ 01670 501 710

Hull and East Yorkshire Perinatal Mental Health Team

☎ 01482 301701 Email: hnf-tr.rapidresponseservice@nhs.net

Leeds Perinatal Mental Health Team

☎ 0113 855 5505 Email: perinataldutydesk.lypst@nhs.net

SOUTH WEST England:

Oxford Perinatal Mental Health Service

☎ 01865 902171 Email: infant-parent.perinataalservice@oxfordhealth.nhs.uk

Avon and Wiltshire Perinatal Mental Health Team:

☎ 0117 9195826 Email: awp.perinatalmentalhealthservice@nhs.net

Cornwall Perinatal Mental Health Service

57 Pydar Street, Truro, TR1 2SS

☎ [\(01872\) 221031](tel:01872221031) Email: cpn-tr.Perinatal@nhs.net

North & East (Caradon & N Cornwall ICMHTs) – cft.eastreferralteam@nhs.net

Mid Locality (Restormel & Carrick ICMHTs) – cft.midreferralteam@nhs.net

West Locality (Kerrier & Penwith ICMHTs) – cft.westreferralteam@nhs.net

Hertfordshire Perinatal Mental Health Services

Community Perinatal Team, 15 Forest Lane, Kingsley Green, Harper Lane, Radlett, Herts, WD7 9HQ

☎ 03001240939 Email: herts.cpt@nhs.net

Warwickshire Team Perinatal Mental Health Team

Warwick Hospital Psychology Department

Lakin Road, Warwick , CV34 5BW

☎ 01926 495321 x4417 Email: PMHT@swft.nhs.uk

West Devon Perinatal Mental Health Team

☎ 01822 813070 Email dpt.perinatalteamwestdevon@nhs.net.

Plymouth Perinatal Mental Health Team

☎ 01752431607 Email: livewell.perinatalmht@nhs.net

NORTH WEST England:

Coventry and Rugby Perinatal Mental Health Team

Willenhall Health Centre Remembrance Road, Coventry, CV3 3DG

☎ 024 7621 2176 Email: PMHT@covwarkpt.nhs.uk

Manchester Perinatal Mental Health Team

☎ 0161 291 6930 E-Mail: donna.jones4@nhs.net

Worcestershire Perinatal Mental Health

Email: whcnhs.amhreferrals@nhs.net

Derbyshire Perinatal Mental Health Service

South Derby ☎ 01332 623911 North Derby ☎ 01246 515743

Email: dmh-tr.PerinatalNorth@nhs.net

Cheshire and Mersey Perinatal Mental Health Service

Email: SpecialistPNMHT@cwpmhs.nhs.uk

Liverpool: ☎ 0151 702 4012 Cheshire and Wirral ☎ 0151 488 8434

Birmingham and Solihull Perinatal Mental Health Service

Email: bsmhft.spoa@nhs.net