

Improving Perinatal Mental Health Care Fund – Application Form

Section 1: Organisation Details

1. Organisation name:
2. Organisation type (charity / CIC / other not-for-profit):
3. Charity Commission registration number (if applicable):
4. Companies House number (if applicable)
5. Registered Address:
6. Website (if applicable):
7. Social media handles (if applicable):
8. Main contact name and role:
9. Email and phone number:

Section 2: About Your Organisation

10. Please describe your organisation's mission and core activities.

(Max 200 words)

11. Proven Track Record

Please provide evidence of your organisation's experience in improving perinatal mental health. Include:

- Examples of previous or current services
- Who you have supported
- Outcomes or impact achieved

(Max 300 words)

Section 3: Grant Proposal

12. Summary

Provide a brief overview of the work you are seeking funding for (this might be a defined project and/or a contribution to the costs of your ongoing work).

(Max 150 words)

13. The Need

What local or national gap in perinatal mental health care does this proposal seek to address?

(Max 250 words)

14. Activities and Delivery

What will you deliver with the funding? Include key activities, who will deliver them, and where.

(Max 300 words)

15. Who Will Benefit

Describe the target group(s) you will support.

(Max 200 words)

Section 4: Meeting the Fund Criteria

16. Focus on Those Facing the Deepest Inequities

The fund has a set of prioritised groups they want to target. Does your project focus on any of the following priority groups? (Select all that apply and describe how)

- Race, faith and culture
- Under-25s
- Complex social, emotional, or financial circumstances (e.g. poverty, addiction, domestic abuse)
- Rural deprivation

17. Please explain your approach:

(Max 250 words)

18. Lived Experience Leadership

How does your grant proposal demonstrate the value you place on lived experience leadership?

(e.g. leadership roles, co-production, peer delivery)

(Max 250 words)

19. Alignment with Perinatal Peer Support Principles

If your proposal includes peer support, please describe how you adhere to MMHA's recognised [perinatal peer support principles](#)?

(Max 200 words)

20. Integration with Systems of Care

How will your project improve integration between services and systems (e.g. NHS, local authority, VCSE sector)?

(Max 250 words)

21. Safeguarding and Governance

Please confirm and briefly describe:

- Your safeguarding policies and processes
- How these are regularly reviewed
- How you manage your finances
- How you are governed as an organisation

(Max 200 words)

22. Monitoring and Evaluation

How will you measure the success of your project?

Include:

- Key outcomes
- Methods (e.g. feedback, data collection)

(Max 200 words)

Section 5: Budget

23. Total amount requested: £15,000 maximum

24. Budget Breakdown

Please outline how the funding will be spent by sharing a link to a spreadsheet:

Section 6: Additional Information

25. Grant Proposal Timeline

Start date:

End date:

26. Risks and Mitigation

Please outline any key risks and how you will manage them.

(Max 150 words)

Section 7: Declaration

27. Please tick all boxes below to confirm your agreement before submitting this form

- We confirm that the information provided is accurate to the best of our knowledge
- We agree to participate in shared learning activities
- We agree to complete monitoring and evaluation reporting

28. Name:

29. Role:

30. Date:

Submission Instructions

Please submit your completed application by Friday 18th September at 5pm