

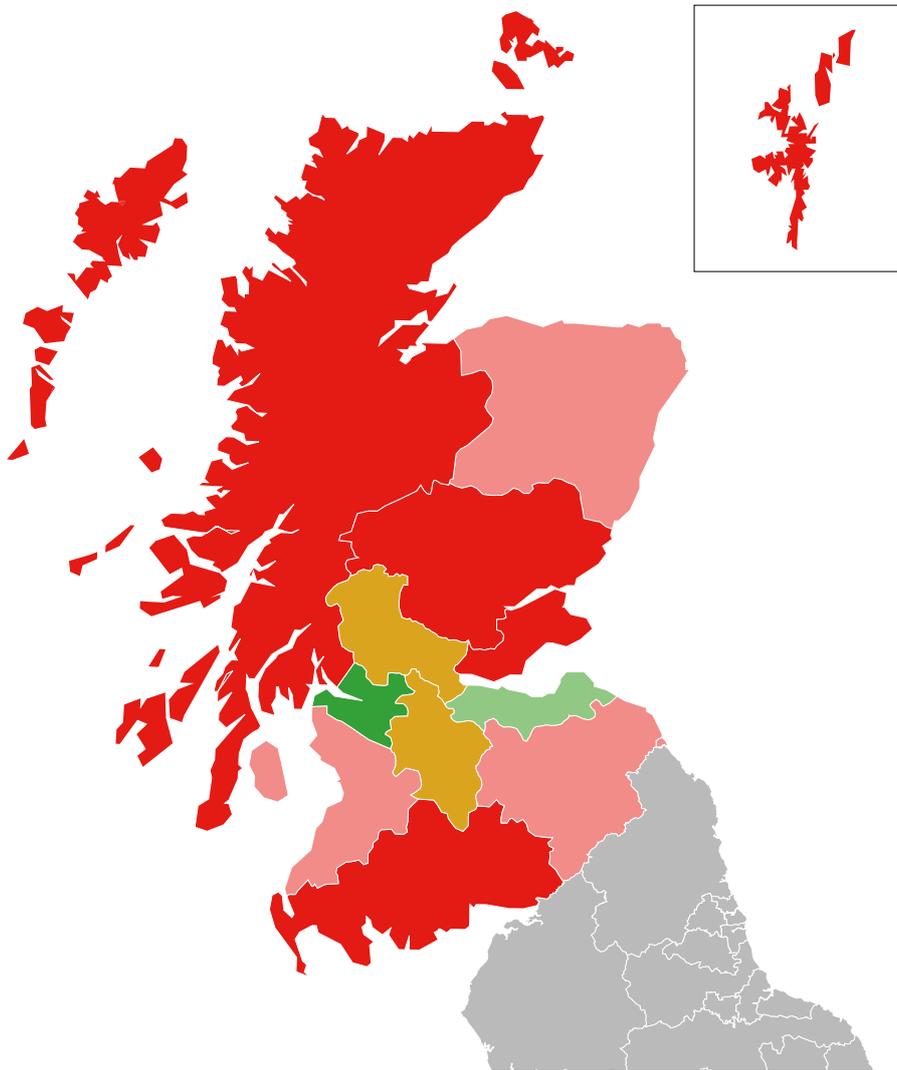
Maternal Mental Health Alliance

**Map of Specialist Community
Perinatal Mental Health Teams
(Scotland)**

2020



Specialist Community Perinatal Mental Health Services (Scotland)



Level	Health Board Name
	Ayrshire and Arran
	Borders
	Dumfries and Galloway
	Fife
	Forth Valley
	Grampian
	Greater Glasgow and Clyde
	Highland
	Lanarkshire
	Lothian
	Orkney
	Shetland
	Tayside
	Western Isles

LEVEL	COLOUR	CRITERIA
5	Dark Green	Specialised perinatal community team that meets Perinatal Quality Network Standard Type 1 https://bit.ly/2ZRQLly
4	Light Green	Specialised perinatal community team that meets Joint Commissioning Panel criteria http://bit.ly/2AhAVeX
3	Yellow-Green	Perinatal community service operating throughout working hours with at least a specialist perinatal psychiatrist with dedicated time AND specialist perinatal mental health nurse with dedicated time, with access to perinatal psychiatrist throughout working hours.
2	Yellow	Specialised perinatal psychiatrist AND specialist perinatal nurse with dedicated time
1	Light Orange	Specialised perinatal psychiatrist or specialist perinatal nurse with dedicated time only
0	Red	No provision
	Grey	Data not available

Disclaimer Details in this map have been compiled using the information available at the time of printing. Please contact info@everyonesbusiness.org.uk if you suspect any inaccuracy.

More than 1 in 10 women develop a mental illness during pregnancy or within the first year after having a baby.

maternalmentalhealthalliance.org/campaign



MATERNAL MENTAL
HEALTH ALLIANCE
everyone's business

Specialist Community Perinatal Mental Health Services Scotland

The MMHA calls for all women throughout the UK who experience a perinatal mental illness to receive the care they and their families need, wherever and whenever they need it. Whilst we celebrate progress in specialist perinatal mental health (PMH) services in some parts of the UK, it is vital we keep pushing to **Turn – and Keep – the Map Green.**

Funding, plans and commitments



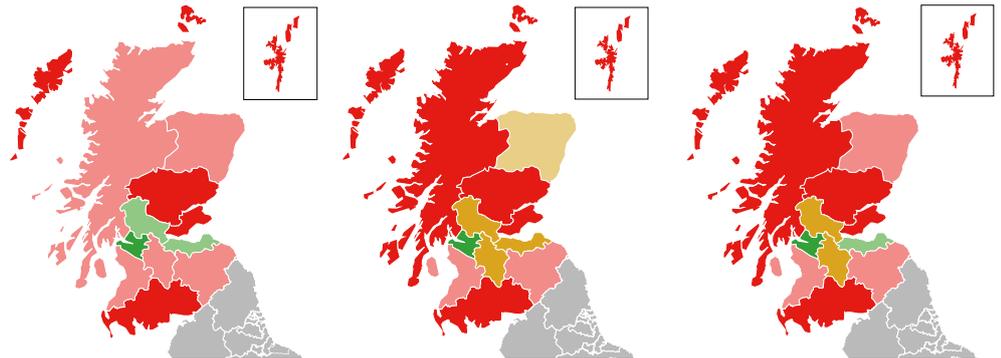
2018:

- The Scottish Government announced investment of £250 million over 4 years to support mental health, including PMH

2019:

- The Scottish Government revealed that £52 million would be spent on improving access to perinatal and infant mental health services
- The Perinatal and Infant Mental Health Programme Board was established in April to advise the Government on how funds should be allocated, and a robust delivery plan for 2019/20 has now been delivered
- The National Managed Clinical Network (MCN) for PMH launched their needs assessment report, funded by the Scottish Government, and Women and Families Maternal Mental Health Pledge, developed in partnership with Maternal Mental Health Scotland Change Agents

The story so far



2015

2017

2019

14%

of Health Boards met green criteria in 2019

What will be the impact of COVID-19?



The COVID-19 pandemic will impact on the already high rates of PMH need, with potential long-term consequences. PMH experts fear an increase of referrals on the horizon, meaning national and local decision-makers must proactively PLAN with the *mental* as well as physical health needs of women and families in mind during and beyond COVID-19.

Risks and concerns



Whilst plans for specialist PMH community services and the ongoing commitment to improving access and the quality of these services are positive steps forward, there are key concerns:

- 1 Is the pledged £52m going to be enough?
- 2 How will services be sustained beyond the 5 years covered by this funding pledge?
- 3 Will there be enough staff for the new and current specialist PMH services?

The Maternal Mental Health Alliance's Everyone's Business campaign calls for all women throughout the UK with PMH conditions to receive the treatment they need, where and when they need it.

Help Turn – and Keep – the Map Green.

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www.maternalmentalhealthalliance.org

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