Maternal Mental Health Alliance

Map of Specialist Community Perinatal Mental Health Teams (Wales)

2020
More than 1 in 10 women develop a mental illness during pregnancy or within the first year after having a baby.

maternalmentalhealthalliance.org/campaign

Specialist Community Perinatal Mental Health Services (Wales)

<table>
<thead>
<tr>
<th>LEVEL</th>
<th>COLOUR</th>
<th>CRITERIA</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>Orange</td>
<td>Perinatal community service operating throughout working hours with at least a specialist perinatal psychiatrist with dedicated time AND specialist perinatal mental health nurse with dedicated time, with access to perinatal psychiatrist throughout working hours.</td>
</tr>
<tr>
<td>2</td>
<td>Orange</td>
<td>Specialised perinatal psychiatrist AND specialist perinatal nurse with dedicated time</td>
</tr>
<tr>
<td>1</td>
<td>Red</td>
<td>Specialised perinatal psychiatrist or specialist perinatal nurse with dedicated time only</td>
</tr>
<tr>
<td>0</td>
<td>Red</td>
<td>No provision</td>
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</tbody>
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Data not available

Disclaimer: Details in this map have been compiled using the information available at the time of printing. Please contact info@everyonesbusiness.org.uk if you suspect any inaccuracy.

2019 DATA
(Released August 2020)
Specialist Community Perinatal Mental Health Services
Wales

The MMHA calls for all women throughout the UK who experience a perinatal mental illness to receive the care they and their families need, wherever and whenever they need it. Whilst we celebrate progress in specialist perinatal mental health (PMH) services in some parts of the UK, it is vital we keep pushing to Turn – and Keep – the Map Green.

Funding, plans and commitments

2015:
- The Welsh Government announced £1.5m in new and recurrent funding for specialist community PMH services

2018-2020:
- Additional investment from Government in 2018 and 2019 increased recurrent annual funding to £2.5m for specialist PMH services

2020:
- The Together for Mental Health Delivery Plan 2019-2022 identified improving access and quality of specialist PMH services as a key priority
- Minister for Health and Social Services announced plans for an interim Mother and Baby unit (MBU) in Swansea Bay University Health Board by Spring 2021
- PMH Network Board established to advise on the development of PMH services in Wales

The story so far

29% of Health Boards met green criteria in 2019

What will be the impact of COVID-19?

The COVID-19 pandemic will impact on the already high rates of PMH need, with potential long-term consequences. PMH experts fear an increase of referrals on the horizon, meaning national and local decision-makers must proactively PLAN with the mental as well as physical health needs of women and families in mind during and beyond COVID-19.

Risks and concerns

Whilst the ongoing commitment to improving access and the quality of specialist PMH community services is positive, there are key concerns:

1. Is the funding to date sufficient to Turn the Map Green in Wales and ensure all services meet quality standards?
2. Where will further investment in workforce come from?
3. How will reassurance be officially given that urgent milestones in the Together for Mental Health Delivery Plan, including a MBU for Wales, are on track and will not be delayed?

The Maternal Mental Health Alliance’s Everyone’s Business campaign calls for all women throughout the UK with PMH conditions to receive the treatment they need, where and when they need it.

Help Turn – and Keep – the Map Green.
Map of Specialist Community Perinatal Mental Health Teams (Wales)

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