

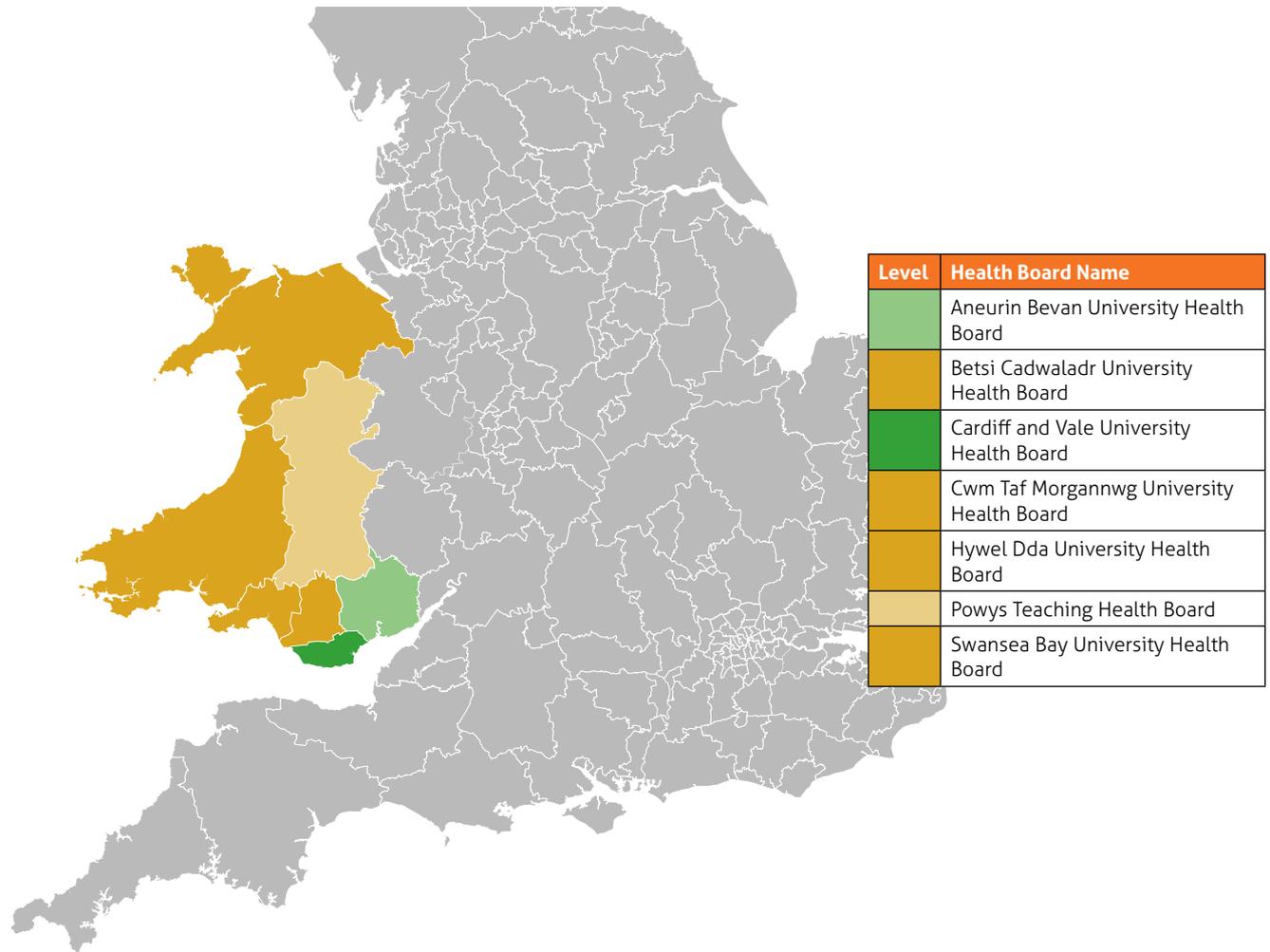
Maternal Mental Health Alliance

**Map of Specialist Community  
Perinatal Mental Health Teams  
(Wales)**

2020



# Specialist Community Perinatal Mental Health Services (Wales)



LEVEL	COLOUR	CRITERIA
5	Dark Green	Specialised perinatal community team that meets Perinatal Quality Network Standard Type 1 <a href="https://bit.ly/2ZRQLly">https://bit.ly/2ZRQLly</a>
4	Light Green	Specialised perinatal community team that meets Joint Commissioning Panel criteria <a href="http://bit.ly/2AhAVeX">http://bit.ly/2AhAVeX</a>
3	Orange	Perinatal community service operating throughout working hours with at least a specialist perinatal psychiatrist with dedicated time AND specialist perinatal mental health nurse with dedicated time, with access to perinatal psychiatrist throughout working hours.
2	Light Orange	Specialised perinatal psychiatrist AND specialist perinatal nurse with dedicated time
1	Red	Specialised perinatal psychiatrist or specialist perinatal nurse with dedicated time only
0	Dark Red	No provision
	Grey	Data not available

**Disclaimer** Details in this map have been compiled using the information available at the time of printing. Please contact [info@everyonesbusiness.org.uk](mailto:info@everyonesbusiness.org.uk) if you suspect any inaccuracy.

More than 1 in 10 women develop a mental illness during pregnancy or within the first year after having a baby.

[maternalmentalhealthalliance.org/campaign](http://maternalmentalhealthalliance.org/campaign)



MATERNAL MENTAL  
HEALTH ALLIANCE  
*everyone's business*

# Specialist Community Perinatal Mental Health Services Wales

The MMHA calls for all women throughout the UK who experience a perinatal mental illness to receive the care they and their families need, wherever and whenever they need it. Whilst we celebrate progress in specialist perinatal mental health (PMH) services in some parts of the UK, it is vital we keep pushing to **Turn – and Keep – the Map Green.**

## Funding, plans and commitments



### 2015:

- The Welsh Government announced £1.5m in new and recurrent funding for specialist community PMH services

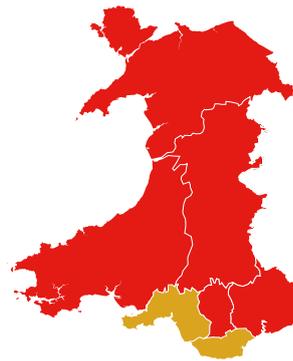
### 2018-2020:

- Additional investment from Government in 2018 and 2019 increased recurrent annual funding to £2.5m for specialist PMH services

### 2020:

- The Together for Mental Health Delivery Plan 2019-2022 identified improving access and quality of specialist PMH services as a key priority
- Minister for Health and Social Services announced plans for an interim Mother and Baby unit (MBU) in Swansea Bay University Health Board by Spring 2021
- PMH Network Board established to advise on the development of PMH services in Wales

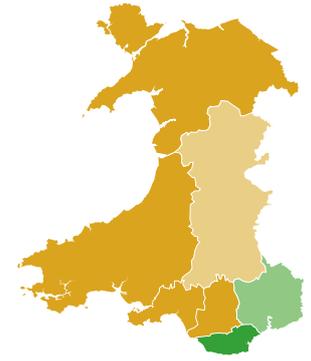
## The story so far



2015



2017



2019

29%

of Health Boards met green criteria in 2019

## What will be the impact of **COVID-19**?



The COVID-19 pandemic will impact on the already high rates of PMH need, with potential long-term consequences. PMH experts fear an increase of referrals on the horizon, meaning national and local decision-makers must proactively PLAN with the *mental* as well as physical health needs of women and families in mind during and beyond COVID-19.

## Risks and concerns



Whilst the ongoing commitment to improving access and the quality of specialist PMH community services is positive, there are key concerns:

- 1 Is the funding to date sufficient to Turn the Map Green in Wales and ensure all services meet quality standards?
- 2 Where will further investment in workforce come from?
- 3 How will reassurance be officially given that urgent milestones in the Together for Mental Health Delivery Plan, including a MBU for Wales, are on track and will not be delayed?

The Maternal Mental Health Alliance's Everyone's Business campaign calls for all women throughout the UK with PMH conditions to receive the treatment they need, where and when they need it.

**Help Turn – and Keep – the Map Green.**

## Map of Specialist Community Perinatal Mental Health Teams (Wales)

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**[www.maternalmentalhealthalliance.org](http://www.maternalmentalhealthalliance.org)**

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