

First Annual UK Maternal Mental Health Alliance Conference

Wednesday 13 September 2017, 09:00 – 18.30

Sir Alexander Fleming Building Foyer and Lecture Theatre
Imperial College London, South Kensington Campus, London SW7 2Az



Intergenerational Mental Health Conference: working with mums and babies in perinatal mental health practice

Time	Title	Speaker
MORNING. SETTING THE SCENE: WHY TAKE AN INTERGENERATIONAL APPROACH?		
9.00	Arrivals and refreshments	-----
9.15	Introduction and morning overview	Alain Gregoire Consultant Perinatal Psychiatrist & Chair of the Maternal Mental Health Alliance
9.30	KEYNOTE: Developmental origins of mental health: new insights into mechanisms and interventions	Mark Hanson British Heart Foundation Professor of Cardiovascular Science, University of Southampton
10.00	Stress and resilience in the perinatal period: how can we break intergenerational transmission?	Carmine Pariante Professor of Biological Psychiatry, King's College London
10.30	Where our story begins	Fiona Putnam and Henry Everitt A couple with experience of perinatal mental health difficulties
11.00	BREAK AND POSTER VIEWING	
11.30	Prenatal stress, anxiety and depression; effects on the fetus and the child across the generations	Vivette Glover Professor of Perinatal Psychobiology, Imperial College London

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12.00	The fetal brain: sensitive to a mother's own childhood environment?	Claudia Buss Professor of Medical Psychology, Charité Universitätsmedizin, Berlin, Germany & Adjunct Associate Professor, University of California Irvine, USA
12.30	Parental OCD, a dad's lived experience and recovery	Ashley Curry Mental Health Advocate and Trainer, Father with experience of paternal OCD
13.00	LUNCH AND POSTER VIEWING	
AFTERNOON. PUTTING IT INTO PRACTICE: WHAT'S GOING-ON ON THE GROUND?		
13.45	Afternoon overview	Camilla Rosan Perinatal Clinical Psychologist & Programme Lead, Mental Health Foundation
14.00	Increasing mentalizing in the parent-infant relationship	Sheila Redfern Consultant Clinical Psychologist, Anna Freud National Centre for Children and Families
14.30	Breaking the cycle: using a video feedback intervention to prevent the intergenerational transmission of trauma	Kirsten Barnicot Early Career Research Fellow, Imperial College London
15.00	Domestic violence and abuse and other social determinants of perinatal mental health: How can we prevent maternal and child morbidity and mortality?	Louise Howard Consultant Perinatal Psychiatrist & Head of the Section of Women's Mental Health, Kings College London
15.30	TEA BREAK AND POSTER VIEWING	
16.00	Babies Can't Wait - Developing an integrated perinatal parent infant care pathway using the THRIVE model	Catherine Mee , Clinical Pathway Lead, Tameside and Glossop Integrated Care NHS Foundation Trust and Katie Reid , Child Psychotherapist Pennine Care NHS Foundation Trust
16.30	KEYNOTE: Two for the price of one: the impact of body image during pregnancy and after birth	Susie Orbach Psychotherapist and author and Holly Rubin a Body Image Specialist and Mental Health Expert
17.00	Perinatal mental health awards ceremony <i>Presented by: Susie Orbach. Judging panel: Ruth Butterworth, Mary Nolan, Ashley Curry, Christine Puckering, Rosey Adams, Sarah Taha, Jill Deminew and Alison Morton</i>	
17.30-18.30	DRINKS RECEPTION AND CANAPÉS	



mums and babies in mind

Supporting local leaders to improve perinatal mental health services